

Local Food Buying Guide for the Upper Ottawa Valley

Ottawa Valley Food Co-operative Producers

(listed numerically)

1 Little Angus Farms

613-767-9265
33780 Hwy 62, Maynooth ON

2 Cool Hemp Company

613-757-3044
3416 Mountain View Rd, Killaloe ON
www.coolhemp.com

3 Morninglory Farm

613-757-3044
3416 Mountain View Road, Killaloe ON

4 Island Girl Herbal Garden Retreat

613-757-3286
251 Old Trestle Rd, Killaloe ON
www.islandgirlherbalgardenretreat.ca

5 Stephano's

613-757-3065
2371 Mountain View Rd, Killaloe ON
www.stephanosbakedgoods.com

6 Solar Woodcuts

613-757-0733
251 Queen St, Killaloe ON

7 Grampa Bob's Maple Products

613-758-1024 or 519-884-2784
2980 Quadeville Road, Quadeville ON
www.ontariomaple.com

8 Opeongo Mountain Meadow Soap

613-754-2955
16 Schavens Lake Road, Eganville ON
www.opeongo.com

9 The Mix Company

613-628-3387
855 Silver Lake Rd, Eganville ON
www.themixcompany.com

10 Algonquin Tea Farm

613-625-1106
486 Trailblazers Rd, Golden Lake ON
www.algonquintea.com

11 Algonquin Tea Company

613-628-6157
106 Augsburg Rd, Eganville ON
www.algonquintea.com

12 Tickle Island Farm

613-628-3275
9072 Hwy 60, Eganville ON

13 Tanglewood Honey

613-628-2890
35548 Hyw 41, Eganville ON

14 Pork of Yore

613-649-0076
1632 Scotch Bush Rd, Douglas ON
www.porkofyore.com

15 Good Cheer Gardens

613-649-2427
269 Gallagher Road, Douglas ON
goodcheer@nrtco.net

16 Wright Poultry & Beef Farm

613-735-6363
2740 Micksburg Rd, Micksburg ON

17 Mickfarms

613-735-5575
894 Mountain Road, Cobden ON

18 Stone Farms

613-281-2734
1316 Ross Rd, Cobden ON

19 Stonebrook Farms

613-732-1522
38 Saar's Lane, Pembroke ON

20 Shrinking Footprints

613-732-9870
545 Cecelia St. Pembroke, ON

21 Eat Me Alive
613-735-4159
94 Sheppard Ave, Pembroke ON

22 Three Hill Farms
819-689-2827
112 Conroy Rd, Chapeau QC

23 El Camino Farm
819-689-5680
141 Malone Road, Chichester QC

24 Melnik Farms
613-582-3578
52 Chaffey Trail, Pembroke ON

25 Dobson's Grassfed Beef
613-646-2488
1907 Snake River Line, Cobden, ON
www.dobsonfarm.com

26 Fletchington Farms
613-646-2285
101 Poff Rd. Cobden ON
fletchingtonfarms@gmail.com

27 Morning Side Farms
613-582-7379
872 Government Road, Beachburg ON

28 Neat Coffee Shop
613-433-3205
1715 Calabogie Rd, Burnstown ON
www.neatfood.com

29 Bonnie Jane's Scone Shop
613-623-0552
148 John Street North, Arnprior ON

30 Kym's Old Fashion Bakery
613-622-5938
241 Albert St, Arnprior ON

31 Living on the Vedge
613-623-5598
180-B River Rd, Arnprior ON

32 Equator Coffee Roasters
613-256-5960
9a Houston Dr, Almonte ON
www.equator.ca

33 Valley Baby
613-432-7259
282 McBride Rd, Renfrew ON

34 Bee Kind Organics
613-334-0742
95 Kennedy Rd, Boulter ON
beekindorganics@gmail.com

Farmers' Markets

(listed numerically)

41 Combermere Farmers' Market
Saturdays 8 am - 11 am.
Mid June to Thanksgiving
Highway 62 at corner of Mill Rd, Combermere
ON
Jamie Heron, 613-756-5602

42 Barry's Bay Farmers' Market
Fridays 2:30 - 5:30 pm.
Mid June to Thanksgiving
Tourist Information Booth Grounds, Barry's Bay
ON
Dwight Mick, 613-735-5575

43 Killaloe Farmers' Market
Saturdays 8 am - 1 pm.
July to Thanksgiving
Hoch Farm, corner of Hyw 60 and Hyw 512,
Killaloe ON
Lynn Postill, 613-757-3738

44 Matawatchan Community Market
Saturdays 9 am.-1 pm.
July through Labour Day
1677 Frontenac Rd. Matawatchan
Bill Graham, 613-333-1641

45 Pembroke Farmers' Market
Saturdays and Wednesday 8:30 am - 1 pm.
Mid May to Mid October
Corner of Lake and Victoria Streets, downtown
Pembroke
Maureen Sheedy, 613-646-7878
www.pembrokefarmersmarket.com

46 Cobden Farmers' Market
Saturdays 8:00 am - 12 noon.
Mid May to Mid October
Cobden Fairgrounds
Joy Curry/Ernie Wilson, 613-646-2712

47 Renfrew Farmers' Market
Saturdays 7 am - 12 noon.
May to end of October
Railway St. beside Library in downtown Renfrew
ON
Agnes Walker/Jim McGregor,
613-432-8918/613-432-9726

48 Burnstown -Neat Farmers' Market
Fridays 4pm - 8 pm.
Saturdays 8 am- 12 noon. June to Sept (inclusive)
1715 Calabogie Rd, Burnstown, ON
Kim McKinty, 613-433-3205

49 Arnprior -The Elgin Street Market
Wednesdays 8 am-2pm.
Mid June to end of September
At John and Elgin Streets, Arnprior ON
Bill Mitchell, 613-623-6332

Pick-Your-Own Farms (listed numerically)

52 Kelly's Berry Farm
613-338-2535
201 Robinson Rd, Maynooth ON
www.kellysberrymarket.com

53 Rankin Gardens
613-732-3240
410 Green Lake Rd, Pembroke ON

54 Phandenhour Berry Farm
613-735-8276
223 Sandy Beach Rd, Pembroke ON

55 Hugli's Blueberry Ranch
613-638-1288
2139 Greenwood Rd, Pembroke ON
www.blueberryranch.ca

56 French Hill Strawberry Farm
613-735-5321
2839A Stafford Third Line, Pembroke ON

57 Boudens Gardens
613-735-0940
495 Drive In Rd, Pembroke ON

58 William Douma Farm
613-646-2366
907 Zion Line, Beachburg ON

59 McGregor's Produce
613-432-9726
351 Lochwinnich Rd, Braeside ON
www.mcgregorsproduce.com

Local Food Producers (listed numerically)

63 Sunrun Farm
613-338-2441
6C Moxam Rd, Maple Leaf ON

64 Madawaska Maple Products
613-637-2008
Madawaska ON
www.3.sympatico.ca/lentz

65 Ann and Jerry Porath
613-756-7652
1399 Centreview Rd, Combermere ON

66 Colleen Lorbetskie Baking
613-756-2210
96 Dunn St, Barry's Bay ON

67 Denise Brotton Baking
613-756-7802
3312 Wilno North Rd, Barry's Bay ON

68 Madlyn Plotz Baking
613-756-9890(evenings) or 613-633-8131

69 Shulist Family Farm

613-756-5634
2248 Dafoe Rd, Combermere ON

70 St. Anthony's Organic Wildflower Honey

613-758-1221
857 Bruceston Rd, Palmer Rapids ON

71 David Smallpiece Vegetables

613-758-2521
512 Guiney Rd, Palmer Rapids ON

72 Sherry Jones

Gluten-free baked goods, diabetic friendly
613-757-1602

73 Half Moon Farm

613-757-3868
961 Prince Rd, Wilno ON

74 de Groot's Organic Vegetable Farm

613-756-1549
Farm located near Wilno-Barry's Bay ON

75 Echo of the Past Farm

613-756-0488
Scenic Rd, Killaloe ON

76 Natural Waters Trout Farm

613-757-2254
2410 Mask Rd, Killaloe ON

77 La Finca Farm

613-757-0934
117 Round Lake Rd, Killaloe ON

79 Gary Schmidt & Kim Groskleg Lamb

613-625-2795
620 Roesler Rd, Golden Lake ON

80 Countryside Lane

613-625-1529
9911 Hwy 60, Eganville ON

81 Herbelicious

613-628-6214
8851 Hwy 60, Eganville ON
www.herbelicious.com

82 Mapleside Sugar Bush

613-735-2366
166 Reiche Rd, Pembroke ON
www.mapleside.ca

83 Kathy Beskau Baking

613-732-7165
1010 Marsh Rd, Pembroke ON

84 Uncle Jim's Meat Market

613-732-3952
4109 Stafford Third Line, Pembroke ON

85 Big Bee Honey

613-732-1529
3124 B-line, Pembroke ON
www.bigbeehoney.ca

86 Bee Gee Farm

613-638-1517
2651 Greenview Rd, Pembroke ON

87 Connaught Nursery

613-646-2386
1671 Micksburg Rd, Cobden
www.connaughtnursery.com

88 Dan & Maureen Sheedy Vegetables

613-646-7878
1508 Micksburg Road, Cobden ON

89 Totally Natural Beef

613-649-2482
1204 Rice Line, Douglas ON
www.totallynaturalbeef.ca

90 Moonlight Crofters

613-649-0098
1320 Scotch Bush Rd, Douglas ON

91 Barclay Dick and Son Farm Supply

613-649-2620/613-649-2440
4139AB Hwy 60, Douglas ON

92 Mrs. McLeod's Baking

613-646-7938
21 Meadow St., Cobden ON

93 Buttermilk Creek Farm

613-646-7664
1882 Kohlsmith Rd, Cobden ON

94 Pat Egan Pork

613-638-5695
20473 Hyw 17, Cobden ON

95 Patrica Elliot Vegetables and Preserves

613-582-3431
318 Westmeath Rd, Pembroke ON

96 Lewis & Miriam Martin Vegetables

613-587-4570
1361 Bromley Line, Westmeath ON

97 James Martin Vegetables

613-587-4730
307 Lacroix Bay Rd, Westmeath ON

98 Kenneth and Grace Bowman Beef

613-582-3207
2607 Grant Settlement Rd, Beachburg ON

99 Sharon Jaremkow Baking

613-646-7879
3318 Queen's Line, Forester's Falls ON

100 Jean's Kitchen

613-646-2359
753 Kerr Line, Forester's Falls ON

101 Mary Ann Wall Vegetables

613-432-7291
5428 River Rd, Renfrew ON

102 Bouchard Apiary

613-432-5461
19 Billy John Lane, Renfrew ON

103 Grant Lavallee Vegetables

613-433-3138
16 Nadobny Lane, Thompson Hill ON

104 MaLaren's Apple Orchard

613-432-8997
3376 Burnstown Rd, Renfrew ON

105 William Murray Honey

613-623-6793
1129 McLachlan Rd, White Lake ON

106 Oak Myre Farm

613-432-3620
3371 River Rd, Renfrew ON

107 Dorian Farm

613-623-3695
242 Carmichael Side Rd, Braeside ON

108 Stewart's Maple Products

613-256-2042
128 Sugar Bush Rd, Pakenham ON

109 Karl's Bakery

819-689-2259
100 St Jacques Street, Chapeau PQ

110 Les Serres Paul Amyotte

819-683-1099
364 Hyw 148, Mansfield PQ

111 Jean-Marie Sempels Beekeeper

819-458-1776
4930 Brown Rd, Pontiac QC

Community Supported Agriculture (CSA's)

125 Rainbow Heritage Gardens

613-646-2488
1907 Snake River Line, Cobden ON

Visit the Ottawa Valley Food Co-operative at
www.ottawavalleyfood.org

Visit the Ottawa River Institute at
www.ottawariverinstitute.ca

